Golden Elite Track & Field NewsLetter

February 2024





COMMUNITY ENGAGEMENT

On the inaugural day of our 2024 season practice, we were honored to have Brandon Saho, the founder of The Mental Game Podcast and a former sports reporter, share his insights with our athletes. Brandon, who is currently on an ambitious tour visiting 30 cities in 30 days, aims to raise awareness about mental health by sharing his own experiences. His visit underscored the importance we place on mental health within our organization, highlighting how organized sports can significantly benefit mental well-being. We extend our heartfelt thanks to the EscaRosa Suicide **Prevention Coalition for making this** connection possible and helping to enrich our athletes' understanding of mental health.





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Justin Gatlin Freshman & Sophomore Invitational

Please join us on March 23rd for the Justin Gatlin Freshman & Sophomore Invitational, made possible by the generous support of the Pensacola Sports Association Community Grant. Justin Gatlin, eager to bring track meets back to his hometown, immediately agreed to collaborate with our organization upon being approached. This inaugural FHSAA-sanctioned meet provides a unique platform for Florida High School freshmen and sophomores to showcase their talents. Don't miss out – get your spectator tickets today!

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Coaches Corner

"Everyday life is taught by examples. So be the Elite. The example life is teaching everyone."

Coach Charlotte Martin

Giving

Embark on a journey of impact this Giving Tuesday by contributing to our nonprofit, propelling our mission forward and sustaining a secure haven for youth in Escambia and Santa Rosa. Your generosity fuels our commitment to providing positive and safe programs that empower young minds. Donations are a breeze; whether it's by check, PayPal, Cash App, or even through unconventional yet impactful means like cash, stocks, real estate, cryptocurrencies, or mutual funds via our Morgan Stanley Advised Account. Designate your contribution to our general operating fund, the scholarship fund supporting underserved youth, or fueling our team's travel aspirations. It's your choice, and every donation is tax-deductible. Join Knowledge Ministries Inc. DBA Golden Elite Track & Field Club in creating lasting change through the transformative power of giving.

UPCOMING COMMUNITY EVENTS

April 14,2024 Fred Levin Way Fest 11:00-3:00