



**PO Box 1171
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TRACK ETIQUETTE--FOR ATHLETES, FAMILIES AND FRIENDS

- The entire track and field areas are for the exclusive use of the athletes.
- All non-enrolled children need to be under the supervision of an adult.
- Show respect to all coaches and volunteers.
- ABSOLUTELY NO** tobacco, tobacco products, vaping devices or alcohol is allowed during practices, at track meets or track functions
- No pets are allowed at practice or track meets unless it is a approved service animal. We have athletes with severe allergies to pets.
- To avoid event interference, always look both ways before crossing the track and runways
- Never cross through the approach area or runways of field events.
- Never “bad mouth,” taunt, use profanity or berates others. Throwing of equipment is not allowed.
- If an athlete signs up to be part of a relay team, please be there because the other 3 athletes are counting on you!
- Interference with another runner is cause for disqualification
- Stay in your lane after your race, until the lane judge has taken your race tag. ----Never interfere with an official
- Do not pace (run along-side) any runner during a race, as this will result in disqualification of the runner being paced.
- Do not call split times out to any runner
- Do clean up after yourself. If you brought it or bought it, please dispose of it.

-We will not tolerate any profanity, arguments or heated discussions during practice or at meets. We are all human, errors can and will occur. Disputes will be discussed in a proper manner.

- a. First discuss the problem with your coach and he/she will determine the next course of action to take
- b. Only Coaches are allowed in the timing tent area to meet with officials and discuss the issue.

-No one shall use Golden Elite name or logo for the purpose of fulfilling personal gain.

-Parent or guardian of athlete is required to be in attendance at all practices and meets if your child is under 10 years old.

- The undersigned gives authorization that the athlete's name, image, photograph, and or athletic marks/records may be posted on the Conference and its member organization's websites or other media releases.

ATHLETE, PARENT AND VOLUNTEER CONDUCT

Physical and/or verbal abuse will not be tolerated under any circumstances. All athletes are expected to be in the designated meeting areas under the supervision of a coach(s), parent or volunteers when not participating in an event or a workout. No one is to participate in any separate or unofficial workout on the facilities during practice times without permission from the coaches.

The undersigned have read, understand, and agree to comply with this Contract and all Rules, Policies, and Safety provisions established by Golden Elite or the Conference for Track & Field.